



Dec. 31, 2019

LouHensonAward.com

THE LOU HENSON AWARD ALL-DECADE TEAM

BOSTON, MA -- CollegeInsider.com proudly announces the Lou Henson All-Decade Team, identifying the 40 outstanding players who competed for mid-major college basketball programs between 2010 and 2019.

The voting panel consisted of 21 Division I head coaches, four athletic directors and six senior members of the College Insider staff.

The Lou Henson Award, named for the legendary coach who led New Mexico State and Illinois to tremendous success, is given annually to the nation's best player from a mid-major program.

Ron Baker, Wichita State

A cornerstone of the Shockers' incredible run from 2013-16, Baker elevated coach Gregg Marshall's program into the national spotlight. The sturdy 6-4 guard scored 1,636 points and snagged 520 rebounds, helping Wichita State to a 121-24 record, a Final Four appearance in 2013 and unbeaten regular season in 2014.

Keith Benson, Oakland

A two-time Summit League Player of the Year, the 6-11 center dominated the lane for coach Greg Kampe from 2008 to 2011, pouring in 1,903 points, corralling 1,103 rebounds and blocking 369 shots. The Golden Grizzlies made two NCAA tournament appearances during his career.

Evan Bradds, Belmont

The super skilled 6-7 forward made 728 2-point baskets during four years with the Bruins, connecting on 68 percent of attempts. Such impeccable accuracy earned him two Ohio Valley Conference Player of the Year awards and sparked Belmont to 91 wins, an NCAA tournament and three NIT appearances.

A.J. Brodeur, Penn

He's started 102 consecutive games since arriving on campus and enters the conference portion of his senior season with 1,526 points and 776 rebounds. The Quakers rode the 6-8, 240-pound forward to a share of the 2018 Ivy League regular season title and an NCAA tournament appearance.

John Brown, High Point

A four-year starter for coach Scott Cherry and two-time Big South Player of the Year, Brown was efficient, active and productive in a 119-game career. Brown, a bouncy 6-8 forward, scored 2,229 points and had 801 rebounds but also generated more than 150 steals, assists and blocks.

Devontae Cacok, UNCW

During his UNCW career he played on two CAA title teams and set a remarkable record. The athletic 6-7 forward led the nation in three different statistical categories in three years, setting the NCAA Division I career mark for field goal percentage (80.0) as a sophomore. He finished with 1,593 points and 1,262 rebounds.

Isaiah Canaan, Murray State

A consensus All-American and two-time Ohio Valley Conference Player of the Year, the Racers reached two NCAA tournaments during Canaan's tenure running the point. The 6-3 guard scored 2,050 points and hit 42 percent of 3-pointers during his career and was the 34th overall pick by the Houston Rockets in the 2013 NBA Draft.

Chris Clemons, Campbell

The electrifying 5-8 guard rocketed from anonymity to third on the NCAA's Division I career scoring list, pouring in 3,225 points and leading the Camels to the 2019 Big South regular season

championship. Clemons led the nation with 30.8 ppg as a senior and parlayed the performance into a roster spot with the NBA's Houston Rockets.

Kyle Collinsworth, BYU

The skilled 6-6 guard scored 1,707 points in a career that began in 2010 and ended in 2016 with a two-year religious mission in between. In 2014-15 he set the NCAA single season record for triple-doubles (6) and finished his career with 12, also a record. Collinsworth also grabbed 1,047 rebounds and dished 743 assists.

T.J. Cromer, ETSU

In only two seasons with the Bucs after transferring from junior college, Cromer delivered 1,206 points for coach Steve Forbes, leading the program to 51 wins, a Southern Conference championship and NCAA tournament appearance. Cromer hit 50 percent of 2-pointers and 39 percent of 3-pointers.

Mike Daum, South Dakota State

A constant pain for opponents across the Great Plains and beyond, The Dauminator became a hero to mid-major college basketball fans throughout the nation as he led the Jackrabbits to three NCAA tournament appearances. A 6-9 forward, Daum finished his career with 3,067 points to rank seventh in Division I.

Matthew Dellavedova, Saint Mary's

An early Australian import to coach Randy Bennett's western juggernaut, Dellavedova proved the value in exploring that pipeline. The savvy point guard started 132 games for the Gaels, producing 1,933 points and 768 assists. He led Saint Mary's to three NCAA tournaments and a Sweet 16 appearance in 2010.

Kenneth Faried, Morehead State

Strong, athletic and relentless around the rim like a young Dennis Rodman, the muscular 6-7 power forward abused Ohio Valley Conference competition from 2007-2011, amassing 2,009 points and 1,673 rebounds. He led the nation in rebounding in 2010-11 with 14.5 per game and appeared in two NCAA tournaments.

Jordan Ford, Saint Mary's

The latest in a long line of excellent guards in Moraga, the 6-1 senior has Saint Mary's in position for the third NCAA tournament berth of his career. Ford has scored 1,501 points, knocking down 42 percent of 3-pointers. The Gaels have recorded a 43-9 mark in West Coast Conference action during Ford's tenure.

Jimmer Fredette, BYU

A solid starter his first three seasons at BYU, the 6-2 guard erupted into a scoring machine his senior season, dropping 1,068 points and drilling 124 3-pointers, leading the nation with 28.9 ppg to earn national player of the year honors. Unlimited shooting range paired with a lightning trigger made The Jimmer must-see TV.

Charles Jenkins, Hofstra

Known as "The Wolf" in certain circles, Jenkins was the man Hofstra called when winning time arrived. He once recorded an 8-point play and used his strength and skill to seize two CAA Player of the Year awards during the conference's era of abundant talent. The powerful guard delivered 2,513 points, 551 rebounds, 489 assists and left a trail of broken souls.

Damian Lillard, Weber State

Before he became one of the NBA's premier guards with the Portland TrailBlazers, the 6-3 guard tormented foes in the Big Sky country. Despite missing 20 games due to injury as a junior, Lillard poured in 1,934 points, connecting on 39 percent of 3-pointers, and had 362 assists. The Wildcats were 25-7 in his senior season.

Scott Machado, Iona

A two-time MAAC Player of the Year, there was no one coach Tim Cluess trusted more to run his high-octane offensive attack. Machado guided Iona to the NCAA tournament as a senior in 2012 and finished his outstanding career with 1,613 points, 880 assists and 510 rebounds.

Fletcher Magee, Wofford

The ultimate assassin, Magee set the NCAA Division I career record with 509 3-pointers, connecting on 43.5 percent, scoring 2,516 points. Magee's senior season was a sweet one. The Terriers rolled through a stout Southern Conference unbeaten, won the conference tournament and beat Seton Hall in the NCAA tournament.

C.J. Massinburg, Buffalo

A key contributor to the revival of Bulls basketball under coach Nate Oats, the dynamic scoring guard recorded 1,990 points and 770 rebounds during his career. Buffalo blazed through the MAC and went 59-13 in Massinburg's final two seasons, winning NCAA tournament games in both 2018 and 2019.

C.J. McCollum, Lehigh

Forever a part of March Madness history for leading Lehigh to a stunning upset of Duke in the 2012 NCAA tournament, the 6-3 Canton, Ohio product generated 2,361 points, 696 rebounds, 304 assists and 228 steals. His shining moment, however, was the 30-point effort that bounced the No. 2 seed Blue Devils from the bracket in 2012.

Doug McDermott, Creighton

The Naismith and Wooden Award winner in 2014, the sharpshooting forward scored 3,150 points in his career, sixth all-time in NCAA Division I. As a senior, McDermott was unguardable, scoring beyond-the-arc, in the mid-range and around-the-rim to the tune of 26.7 ppg as the Bluejays made their third consecutive NCAA tournament.

Ja Morant, Murray State

A wizard with the ball in hand, the shifty, nifty point guard dominated the Ohio Valley Conference in 2018-19 with 24.9 ppg and a nation's best 10 assists each night. The consensus All-American

engineered a decisive defeat of Marquette in the first round of the NCAA tournament and was selected second overall in the 2019 NBA Draft.

Mike Muscala, Bucknell

Consistent, efficient, productive, there wasn't a better mid-major big man in the first half of the decade. The 6-11 center entered the starting lineup midway through his freshman season and finished his career with 2,036 points and 1,093 rebounds. The Bison were 46-10 in the Patriot League, making two NCAA tournament trips.

Miye Oni, Yale

In three seasons, Oni scored 1,308 points and led the Bulldogs to an Ivy League crown. The 6-2 guard handed out 287 assists and pulled down 539 rebounds as well, driving the engine for coach James Jones' offense. Oni now holds the distinction of being the only Ivy alum in the NBA, competing for the Utah Jazz.

Kyle O'Quinn, Norfolk State

It was another unforgettable moment in the NCAA tournament upset history book when O'Quinn's soft touch in the lane sparked the 15th seeded Spartans to an 86-84 defeat of Missouri in 2012. O'Quinn was more than a one-game wonder, however, recording 1,607 points and 1,092 rebounds and going on to a lengthy NBA career.

Elfrid Payton, Louisiana Lafayette

A first-round NBA Draft pick in 2014 with nearly 4,000 points to his credit, the talented point guard first put his versatility and playmaking skills on display during three seasons with coach Bob Marlin's Ragin' Cajuns. Payton departed the Bayou with 1,486 points, 508 rebounds and 486 assists.

Alec Peters, Valparaiso

Averaging a double-double (23 ppg, 10 rpg) in 2016-17 to earn Horizon League Player of the Year honors, the 6-9, 225-pound forward recorded an offensive rating of 115-plus in his final three seasons at Valpo. His career numbers are equally gaudy - 2,348 points, 996 rebounds, 204 assists, 289 3-pointers and 49 percent accuracy

Justin Robinson, Monmouth

The diminutive point guard was the spark plug in monumental victories over UCLA, USC, Notre Dame and Georgetown in the 2015-16 season and a staple for Monmouth and coach King Rice his entire career. A two-time MAAC Player of the Year, the 5-8, 160-pound Robinson departed college with 2,003 points, 497 assists and 211 steals.

Domanatas Sabonis, Gonzaga

Although he spent only two seasons in Spokane as the key paint piece in coach Mark Few's offense, Sabonis left his mark on the West Coast Conference with 1,002 points and 694 rebounds. His presence in the middle helped the Zags to the Elite 8 in 2015 and the Sweet 16 in 2016.

Wesley Saunders, Harvard

The Southern California native came east to the Ivy and spent four years maneuvering for buckets and boards. The 6-5 wing finished with 1,511 points and 495 rebounds from 2011-2015. Even more impressive, he was the key player as the Crimson reached new heights with four consecutive NCAA tournament appearances.

Justin Sears, Yale

With 1,700 points and 819 rebounds, the 6-8 forward was a headache for opposing Ivy coaches from 2012-16, helping the Bulldogs snap a 54-year NCAA tournament drought during his senior season and leading them past Baylor 79-75 in the opening round. Sears was named Ivy League Player of the Year in back-to-back seasons.

Pascal Siakam, New Mexico State

Prior to his reign wreaking havoc on NBA frontcourts, the 6-9 forward was a serious problem for anyone the Aggies ran across. He needed only two seasons to accumulate 1,126 points and 657 rebounds. A first-round pick in the 2016 NBA Draft, the Cameroon native won a world championship playing for the Toronto Raptors.

Keifer Sykes, Green Bay

Twice the Horizon League Player of the Year, the 6-foot guard was wired to score, pumping home 2,096 points while also distributing 522 assists over 127 games. Sykes hit 45 percent of his shots and had a sparkling player efficiency rating of 21.2 during his time in Green Bay.

Seth Tuttle, Northern Iowa

It's not easy to produce impressive stats at UNI, one of the nation's most deliberate teams. Didn't stop Tuttle, a 6-8, 240-pound forward and the 2014-15 Missouri Valley Conference Player of the Year. He shot 60 percent on 2-pointers, 36 percent on 3s and scored 1,747 points, leading UNI to a 5-seed and NCAA tournament win in 2015.

Fred VanVleet, Wichita State

The legacy of Van Vleet will live on forever among Shockers fans as he was half of a backcourt that led the program to a Final Four and undefeated regular season, among other accomplishments. He had 1,439 points and 637 assists in his career, during which the Shockers owned the Missouri Valley, going 51-3 his final three seasons.

Thomas Walkup, Stephen F. Austin

The two-time Southland Conference Player of the Year was the chief instigator in the Lumberjacks' annoying fullcourt pressure that created a pair of NCAA tournament victories. The 6-4 guard had an old school game, hitting 60 percent of his 2-point attempts and totaling 1,744 points, 754 rebounds, 395 assists and 176 steals.

Jameel Warney, Stony Brook

Overpowering opponents from the America East was the game for Warney, a powerful 6-8 post who finished with 2,132 points, 1,275 rebounds and 275 blocked shots in four years with the SeaWolves, who were 53-11 in conference games during his time there. He also steered the program to its only NCAA tournament in 2016.

Nate Wolters, South Dakota State

An unknown legend in his time, perhaps, because he wreaked havoc in the distant Badlands, still the 6-4, 193-pound guard will never be forgotten in Jackrabbit country. His career totals are staggering: 2,352 points, 668 assists, 601 rebounds and the school's first NCAA tournament appearances in his final two seasons.

Justin Wright-Foreman, Hofstra

A two-time CAA Player of the Year, the 6-2 guard played only 110 minutes as a freshman yet still closed his career with 2,352 points. He averaged 27.1 ppg as a senior, leading the Pride to the regular season title and registered 12 games of 30 points or more, including three 40-point outbursts. He was drafted by the Utah Jazz.



LouHensonAward.com